

## Spasticity References

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Spasticity After Stroke *Its Occurrence and Association With Motor Impairments and Activity Limitations* [Disa K. Sommerfeld](#), PT, MSc; [Elsy U.-B. Eek](#), PT, MSc; [Anna-Karin Svensson](#), PT, MSc; [Lotta Widén Holmqvist](#), PT, PhD; [Magnus H. von Arbin](#), MD, PhD

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### **Spasticity Infographic:**

Increases healthcare costs by 4-fold

Zorowitz RD, et al. Poststroke spasticity: sequelae and burden on stroke survivors and caregivers. *Neurology*. 2013;80(3):S45-S52.

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Increases the burden on caregivers and increases the level of depression experienced by caregivers

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### **Spasticity Prevalence:**

Up to 43% of stroke survivors report spasticity

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Up to 78% of spinal cord injury patient develop spasticity within one year of their injury

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